



# ACBC Approved Reading List

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Individuals pursuing ACBC Certification are required to read **1,000** pages or more from the following resources (**300** pages of which must be from the Biblical Counseling & Theology category).

## Introduction to Biblical Counseling

*Blame It on the Brain?* By Ed Welch

*Competent to Counsel* by Jay Adams

*Counseling One Another: A Theology of Inter-personal Discipleship* by Paul Tautges

*Counseling: How to Counsel Biblically* by John MacArthur

*Counseling the Hard Cases* edited by Stuart Scott and Heath Lambert

*How to Help People Change* by Jay Adams

*Instruments in the Redeemer's Hands* by Paul David Tripp

*Ready to Restore* by Jay Adams

*Seeing with New Eyes* by David Powlison

*Speaking Truth in Love* by David Powlison

*The Christian Counselor's Manual* by Jay Adams

*Changed Into His Image* by Jim Berg

*Our Sufficiency in Christ* by John MacArthur

## **Biblical Counseling & Theology**

*A Theology of Biblical Counseling* by Heath Lambert

*A Theology of Christian Counseling* by Jay Adams

*Biblical Doctrine: A Systematic Summary of Bible Truth* by John MacArthur and Richard Mayhue

*Basic Theology* by Charles Ryrie

*Christian Theology* by Millard Erickson

*Moody Handbook of Theology* by Paul Enns

*Systematic Theology* by John Frame

*Systematic Theology* by Louis Berkhof

*The Inspiration and Authority of the Bible* by B.B. Warfield

*Trusting God* by Jerry Bridges

## **Counseling & Anger**

*Anger & Stress Management* by Wayne Mack

*The Heart of Anger* by Lou Priolo

*Uprooting Anger* by Robert Jones

## **Counseling & Anxiety**

*Anxious for Nothing* by John MacArthur

*Courage: Fighting Fear with Faith* by Wayne Mack

*Triumphing Over Sinful Fear* by John Flavel

*When People are Big and God Is Small* by Ed Welch

## **Counseling & Avoidance**

*Finally Free: Fighting for Purity with the Power of Grace* by Heath Lambert

*Godliness through Discipline* by Jay Adams

*Passions of the Heart* by John Street

*The Heart of Addictions* by Mark Shaw

## **Counseling & Conflict**

*Pursuing Peace* by Robert D. Jones

*Putting Your Past in Its Place* by Steve Viars

*The Peacemaker* by Ken Sande

*Unpacking Forgiveness* by Chris Brauns

## **Counseling & Family**

*God, Marriage, and Family* by Andreas Köstenberger

*Men and Women in the Church* by Kevin DeYoung

*Shepherding a Child's Heart* by Ted Tripp

*Strengthening Your Marriage God's Way* by Wayne Mack

*The Exemplary Husband* by Stuart Scott

*The Excellent Wife* by Martha Peace

*The Faithful Parent* by Stuart Scott and Martha Peace

*Marriage, Divorce and Remarriage* by Jay Adams

## **Counseling & Suffering**

*God's Mercy in Our Suffering: Lamentations for Pastors and Counselors* by Eric Kress and Paul Tautges

*In the Aftermath: Past the Pain of Childhood Sexual Abuse* by Pamela Gannon and Beverly Moore

*Out of the Blues* by Wayne Mack

*God's Grace in your Suffering* by David Powlison